



## PREVENTING ELDER FRAUD & IDENTITY THEFT

- **Secure your Social Security Number** [www.ssa.gov/myaccount](http://www.ssa.gov/myaccount)
  - **National Registries**
    - National **Do Not Mail List** for Direct Mail:
    - National **Do Not Call List** for telemarketing calls [www.donotcall.gov](http://www.donotcall.gov) or Call 1-888-382-1222, TTY 1-866-290-4236 <https://www.dmachoice.org/register.php>
  - **Stop Unwanted Catalogs**
    - Catalog Choice <https://www.catalogchoice.org/>
    - Call the companies directly and ask to be taken off their mailing list.
  - **Robocalls** – complaints to FTC online or 1-888-382-1222
    - [www.NoMoRobo.com](http://www.NoMoRobo.com) – free call blocking service
  - **Covid-19 Scams**
    - [www.coronavirus.gov](http://www.coronavirus.gov) & [www.usa.gov/coronavirus](http://www.usa.gov/coronavirus)
    - NYS Contact Tracing – calls will originate from 1-518-387-9993
  - **NYS Unclaimed Funds** > <https://www.osc.state.ny.us/ouf/>
  - **Unsolicited Credit Card Offers**
    - [www.optoutprescreen.com](http://www.optoutprescreen.com) or 1-888-567-8688
  - **Veterans Affairs** 1-800-827-1000; Veterans Services 1-866-606-8198
    - Veterans Choice Program was cancelled June 6, 2019
    - VA Adverse Credit Helpline 1-877-881-7618 (medical debt assistance)
    - Veterans Community Care Program is effective 06-06-2019
- Check your Credit** <https://www.annualcreditreport.com/index.action>
- Equifax [www.equifax.com](http://www.equifax.com) 1-800-349-9960
  - TransUnion [www.transunion.com](http://www.transunion.com) 1-888-909-8872
  - Experian [www.experian.com](http://www.experian.com) 1-888-397-3742
  - Innovis [www.innovis.com](http://www.innovis.com) 1-800-540-2505

To contact the teacher directly:  
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SeniorNet – a Program of Family Service League

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## PREVENTING ELDER FRAUD & IDENTITY THEFT

- **Identity Theft > FTC website**
  - <https://identitytheft.gov>
- **Tax ID Theft > File Form 14039**
  - IRS Identity Protection Specialization Unit 1-800-908-4490
  - Obtain an Identity Protection Pin
- **FTC Consumer Information > [www.consumer.ftc.gov/](http://www.consumer.ftc.gov/)**
  - Direct links for various resources.
- **Check out your Financial Advisor > FINRA or SEC**
  - FINRA (Financial Industry Regulatory Authority)
  - SEC (Securities and Exchange Commission)
  - Broker Check feature <https://brokercheck.finra.org/>
- **AARP Fraud Watch Network**
  - [www.aarp.org/money/scams-fraud/fraud-watch-network/](http://www.aarp.org/money/scams-fraud/fraud-watch-network/)
- **Charitable Donations > Charity Navigator [www.Guidestar.org](http://www.Guidestar.org) & [www.Give.org](http://www.Give.org)**
- **Medical Fraud – Check your Explanation of Benefits (EOB's)**  
Set up an account at [www.mymedicare.gov](http://www.mymedicare.gov)
- **Keep your Devices secure – Unique Passwords!!!!**
  - Use Security Software, Avoid Phishing Emails, Be wise about Wi-Fi
  - Use 8 characters; combination of letters (UPPER & lower case), numbers, and special characters, e.g. # \$ % \* \$ but not / or \
- **Track your packages**
  - [www.Google.com](http://www.Google.com)
  - [www.PackageTrakr.com](http://www.PackageTrakr.com)
  - [www.ups.com/mychoice/welcome.htm](http://www.ups.com/mychoice/welcome.htm)
  - [www.fedex.com/us/fedextracking/](http://www.fedex.com/us/fedextracking/)
- **Traveling – Lock your checked and carry-on bags**

The **Computer Help Desk** supports students' classroom learning, provides guidance with Windows and computer operations, and advice on selecting the computer for your needs.  
[www.seniornethelp@gmail.com](mailto:www.seniornethelp@gmail.com)  
1-631-629-5426

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